# Lecture 4 Variance Reduction 

Tiejun Li

## 1 Necessity

The standard MC for computing $I(f)=\int_{0}^{1} f(x) d x$ is

$$
I_{N}(f)=\frac{1}{N} \sum_{i=1}^{N} f\left(X_{i}\right), \quad X_{i} \sim \text { i.i.d. } \mathcal{U}[0,1] .
$$

The mean square error

$$
\begin{equation*}
\mathbb{E}\left|e_{N}\right|^{2}=\mathbb{E}\left(I_{N}(f)-I(f)\right)^{2}=\frac{1}{N} \operatorname{Var}(f) \tag{1.1}
\end{equation*}
$$

where

$$
\operatorname{var}(f)=\int_{0}^{1}(f(x)-I(f))^{2} d x
$$

If $\operatorname{var}(f) \gg 1$, the accuracy will be very poor!

## 2 Variance reduction.

We see from (1.1) that there are two factors that affect the error of Monte Carlo method: the sampling size $N$ and the variance of $f . N$ is clearly limited by the computational cost we are willing to afford. But the variance can be manipulated in order to reduce the size of the error.

The essence of variance reduction: to utilize some prior information about the integrand and try to extract the part which can be efficiently and accurately estimated through other ways.

[^0]
### 2.1 Importance Sampling

Consider for example the numerical evaluation of $\int_{-10}^{10} e^{-\frac{1}{2} x^{2}} d x$. Straightforward application of (1.1) would give

$$
\int_{-10}^{10} e^{-\frac{1}{2} x^{2}} d x \approx \frac{20}{N} \sum_{i=1}^{N} e^{-\frac{1}{2} x_{i}^{2}},
$$

where $\left\{X_{i}\right\}_{i=1}^{N}$ are i.i.d. random variables that are uniformly distributed on $[-10,10]$. However notice that the integrand $e^{-\frac{1}{2} x^{2}}$ is an extremely non-uniform function, whose value is very small (and hence will have little contribution to the integral) everywhere except a small neighborhood of $x=0$, most of the samples will be wasted in the region where the integrand is small. In other words, the uniform distribution ignores the importance of the integrand and thus the numerical quadrature is inefficient. The importance sampling embodies this idea by utilizing special distributions, which is schematically shown in Figure 1.


Figure 1: Schematics of importance sampling

Now if instead the $\left\{X_{i}\right\}$ 's are distributed, differentially, say with density function $p(x)$, then we can use the fact that

$$
\begin{aligned}
\int f(x) d x & =\int \frac{f(x)}{p(x)} p(x) d x=\mathbb{E}\left(\frac{f}{p}(X)\right) \\
& =\lim _{N \rightarrow \infty} \frac{1}{N} \sum_{i=1}^{N} \frac{f\left(X_{i}\right)}{p\left(X_{i}\right)}
\end{aligned}
$$

and approximate $\int f(x) d x$ by

$$
I_{N}^{p}(f)=\frac{1}{N} \sum_{i=1}^{N} \frac{f\left(X_{i}\right)}{p\left(X_{i}\right)},
$$

where $X \sim g(x)$. The error can be estimated in the same way as before, and we get

$$
\mathbb{E}\left(I(f)-I_{N}^{p}(f)\right)^{2}=\frac{1}{N} \operatorname{var}\left(\frac{f}{p}\right)=\frac{1}{N}\left(\int \frac{f^{2}(x)}{p(x)} d x-I^{2}(f)\right) .
$$

The Cauchy-Schwartz inequality shows

$$
\left(\int \frac{f(x)}{\sqrt{p(x)}} \sqrt{p(x)} d x\right)^{2} \leq \int \frac{f^{2}}{p} d x \int p(x) d x
$$

and the equality holds iff $p(x)=c f(x)$. Now we get an ideal importance function

$$
p(x)=Z^{-1} f(x)
$$

if $f$ is nonnegative, where $Z$ is the normalization factor $Z=\int f(x) d x$. In this case

$$
I(f)=I_{N}^{p}(f)
$$

This is not a miracle since all the necessary work has gone into computing $Z$ which was our original task.

Though the perfect importance function is a mission impossible, it shows the direction toward which the sampled distribution should be constructed. For the example discussed earlier, we can pick $p(x)$ that behaves as $e^{-\frac{1}{2} x^{2}}$ and at the same time can be sampled with a reasonable cost.

Now let us discuss a slight variant of above direct implementation of the importance sampling [2]. Suppose we are interested in evaluating

$$
I=\int f(x) \pi(x) d x
$$

we can proceed as the following steps.

- Draw $X_{1}, \ldots, X_{n}$ i.i.d. from a distribution $g(x)$.
- Calculate the importance weight

$$
w_{j}=\frac{\pi\left(X_{j}\right)}{g\left(X_{j}\right)}, \text { for } j=1,2, \ldots, n
$$

- Approximate the expectation by

$$
\begin{equation*}
\hat{I}=\frac{\sum_{i=1}^{n} w_{i} f\left(X_{i}\right)}{\sum_{i=1}^{n} w_{i}} . \tag{2.1}
\end{equation*}
$$

Note that the expectation of $\hat{I}$ is not $I$, but we have by SLLN

$$
\tilde{I}=\frac{1}{n} \sum_{i=1}^{n} w_{i} f\left(X_{i}\right) \rightarrow \mu \quad \text { and } \quad \frac{1}{n} \sum_{i=1}^{n} w_{i} \rightarrow 1
$$

as $n \rightarrow \infty$. In this sense we call $\hat{I}$ a biased estimator. A major advantage of using (2.1) instead of $\tilde{I}$ is that in using the former, we need only the ratio $\pi(x) / g(x)$ up to a multiplicative constant, which is a usual case in statistics; whereas in the latter, the ratio needs to be known explicitly.

Example 2.1 (Toy example for importance sampling). Suppose we want to compute

$$
I=\iint_{\mathcal{X}} f(x, y) d x d y
$$

where $\mathcal{X}=[-1,1] \times[-1,1]$ and

$$
f(x, y)=0.5 \exp \left(-90(x-0.5)^{2}-45(y+0.1)^{4}\right)+\exp \left(-45(x+0.4)^{2}-60(y-0.5)^{2}\right)
$$

The integrand resembles some renormalized Gaussian mixture distribution except the power 4 appearing in the first part for $y$ variable. So the first step is to choose a suitable "Gaussian" to approximate the first part suitably. Here we take the trial distribution

$$
g(x, y) \propto 0.5 \exp \left(-90(x-0.5)^{2}-10(y+0.1)^{2}\right)+\exp \left(-45(x+0.4)^{2}-60(y-0.5)^{2}\right)
$$

The reason that we take the number 10 before the $y$ variable is as follows. Suppose we approximate $\exp (-10) \approx 0$, then from $45 y^{4}=10$ we have the support radius for $y$ is approximately $r=(10 / 45)^{1 / 4}$. With $k r^{2}=10$ we have $k=\sqrt{450} \gtrsim \mathcal{O}(10)$. A conservative choice may be $k=10$. With the constraint $(x, y) \in \mathcal{X}$, it corresponds to a truncated mixture of Gaussian distribution

$$
0.46 N\left[\binom{0.5}{-0.1},\left(\begin{array}{cc}
\frac{1}{180} & 0 \\
0 & \frac{1}{20}
\end{array}\right)\right]+0.54 N\left[\binom{-0.4}{0.5},\left(\begin{array}{cc}
\frac{1}{90} & 0 \\
0 & \frac{1}{120}
\end{array}\right)\right] .
$$

We can sample $\boldsymbol{X}_{n}$ from this Gaussian mixture and compute the importance weight as

$$
w_{i}=\frac{f\left(\boldsymbol{X}_{i}\right)}{g\left(\boldsymbol{X}_{i}\right)} \cdot \mathbf{1}_{\mathcal{X}}\left(\boldsymbol{X}_{i}\right)
$$

One particular interesting specification of the importance sampling is the cross-entropy method [4]. Now suppose we want to compute

$$
I(f)=\int f(x) \pi(x) d x
$$

We assume $f \geq 0$. Then the perfect importance function will be $\mu(x) \propto f(x) \pi(x)$ but unable to sample in general. To compute a good sample average, one can assume a parameterized pdf with the form $\mu_{u}(x)=\mu(x ; u)$ where $u$ are the prescribed parameters. We choose $u$ to minimize the cross-entropy (or Kullback-Leibler "distance", or relative entropy)

$$
\min _{u} D\left(\mu \| \mu_{u}\right)=\int \mu(x) \ln \frac{\mu(x)}{\mu_{u}(x)} d x .
$$

Note the order matters here and it is important for the following derivations.
We have

$$
\begin{aligned}
D\left(\mu \| \mu_{u}\right) & =\int \mu(x) \ln \mu(x) d x-\int \mu(x) \ln \mu_{u}(x) d x \\
& =\int \mu(x) \ln \mu(x) d x-\frac{1}{I(f)} \int f(x) \pi(x) \ln \mu_{u}(x) d x
\end{aligned}
$$

So minimizing cross-entropy is equivalent to maximize $F(x)=\int f(x) \pi(x) \ln \mu_{u}(x) d x$. The extremal point satisfies

$$
\nabla F(x)=\int \frac{f(x) \pi(x)}{\mu_{u}(x)} \nabla_{u} \mu(x ; u) d x=0
$$

Solving this equation we obtain $u^{*}$, thus have a good candidate importance distribution $\mu_{u^{*}}$.
The above argument is very useful for estimating the rare events such as the the small probability $p=\mathbb{P}(X \geq \gamma)=\mathbb{E} 1_{\{X \geq \gamma\}}$. We have the relative error

$$
\frac{\sqrt{\operatorname{Var}\left(1_{\{X \geq \gamma\}}\right)}}{I}=\sqrt{\frac{1-p}{p}} \gg 1 \quad \text { when } \quad p \ll 1
$$

One should introduce a multileveled version of the cross-entropy method to relax this issue with a step-by-step version.

### 2.2 Control Variates

Consider another form of $I(f)$

$$
I(f)=\int f(\boldsymbol{x}) d \boldsymbol{x}=\int(f(\boldsymbol{x})-g(\boldsymbol{x})) d \boldsymbol{x}+\int g(\boldsymbol{x}) d \boldsymbol{x}
$$

The idea of control variates is quite simple. If $g(\boldsymbol{x})$ is very similar to $f(\boldsymbol{x})$, and $I(g)$ is known or can be obtained in a highly accurate manner, then $\operatorname{var}(f-g)<\operatorname{var}(f)$, we will obtain a variance reduced estimator of $I(f)$. Similarly, an ideal control variates will be $f$ itself, but we don't know $I(f)$ ! This is similar to the importance sampling. Though the perfect control variates is not practical, it tells us the direction toward which the approximate control variates should be constructed.

Another form of control variates is as follows. Suppose we have an unbiased estimator

$$
U=\frac{1}{N} \sum_{i=1}^{N} f\left(X_{i}\right)
$$

for the integral $I(f)$, and we have another statistic $V$ with known expectation $\mathbb{E} V=\mu$. Define a new static

$$
\tilde{U}=U+c(V-\mu)
$$

where $c$ is to be determined. It is obvious that $\tilde{U}$ is also an unbiased estimator of $I(f)$. We have

$$
\operatorname{Var}(\tilde{U})=\operatorname{Var}(U)+c^{2} \operatorname{Var}(V)+2 c \operatorname{Cov}(U, V)
$$

The optimal parameter for the minimization of the variance is

$$
c^{*}=-\operatorname{Cov}(U, V) / \operatorname{Var}(V)
$$

In this case

$$
\operatorname{Var}\left(\tilde{U}^{*}\right)=\left(1-\rho_{U, V}^{2}\right) \operatorname{Var}(U)
$$

where $\rho_{U, V}$ is the correlation coefficient between $U$ and $V$. So the more the introduced estimator $V$ correlates with $U$, the more accurate the result will be. The constant $c^{*}$ is usually computed from simulations in practice, e.g.

$$
C_{N}^{*}=-\frac{\sum_{i=1}^{N}\left(U_{i}-\bar{U}\right)\left(V_{i}-\bar{V}\right)}{\sum_{i=1}^{N}\left(V_{i}-\bar{V}\right)^{2}} .
$$

There are also nonlinear version of control variates like

$$
\bar{X} \cdot \frac{\mathbb{E} Y}{\bar{Y}} \quad \text { or } \quad \bar{X} \exp (\bar{Y}-\mathbb{E} Y)
$$

in estimating $\mathbb{E} X$ through $\bar{X}$.
Example 2.2 (Toy example for control variates). Consider the following integral

$$
I(f)=\int_{-\infty}^{+\infty} \frac{1}{\sqrt{2 \pi}}(1+r)^{-1} e^{-\frac{x^{2}}{2}} d x
$$

where $r=e^{\sigma x}, \sigma \gg 1$.
Notice that

$$
(1+r)^{-1} \approx h(x)= \begin{cases}1, & x \leq 0 \\ 0, & x>0\end{cases}
$$

we have

$$
I(f)=\frac{1}{\sqrt{2 \pi}} \int_{-\infty}^{+\infty}\left((1+r)^{-1}-h(x)\right) e^{-\frac{x^{2}}{2}} d x+\frac{1}{2}
$$

Here $h(x)$ plays the role of control variates. Applying standard normal distribution can reduce the variance more.

### 2.3 Rao-Blackwellization

This method reflects a basic principle in Monte Carlo computation: One should carry out analytical computation as much as possible. Indeed this principle is also embodied in the idea of control variates. Suppose we have $n$ independent samples $\boldsymbol{X}_{1}, \ldots, \boldsymbol{X}_{n}$ drawn from pdf $\pi(\boldsymbol{x})$ and we are interested in evaluating $I=\int f(\boldsymbol{x}) \pi(\boldsymbol{x}) d \boldsymbol{x}$. A straightforward estimator is

$$
\hat{I}=\frac{1}{n} \sum_{i=1}^{n} f\left(\boldsymbol{X}_{i}\right)
$$

Suppose that $\boldsymbol{x}$ can be decomposed into two parts $\left(\boldsymbol{x}^{(1)}, \boldsymbol{x}^{(2)}\right)$ and the conditional expectation $\mathbb{E}\left(f(\boldsymbol{X}) \mid \boldsymbol{x}^{(2)}\right)$ can be obtained analytically or in a highly accurate manner. We can define another unbiased estimator of $I$ as

$$
\tilde{I}=\frac{1}{n} \sum_{i=1}^{n} \mathbb{E}\left(f(\boldsymbol{X}) \mid \boldsymbol{X}_{i}^{(2)}\right)
$$

If the computational effort for obtaining the two estimates are similar, then $\tilde{I}$ should be preferred because of the variance identity [3]

$$
\begin{equation*}
\operatorname{var}(f(\boldsymbol{X}))=\operatorname{var}\left(\mathbb{E}\left(f(\boldsymbol{X}) \mid \boldsymbol{X}^{(2)}\right)\right)+\mathbb{E}\left(\operatorname{var}\left(f(\boldsymbol{X}) \mid \boldsymbol{X}^{(2)}\right)\right) \tag{2.2}
\end{equation*}
$$

which implies that

$$
\operatorname{var}(\hat{I})=\frac{\operatorname{var}(f(\boldsymbol{X}))}{m} \geq \frac{\operatorname{var}\left(\mathbb{E}\left(f(\boldsymbol{X}) \mid \boldsymbol{X}^{(2)}\right)\right)}{m}=\operatorname{var}(\tilde{I})
$$

The above procedure is called Rao-Blackwellization. The readers may be referred to [2] for more details.

### 2.4 Antithetic Variables

Proposition 2.3. Suppose $X \sim \mathcal{U}[0,1]$, and $f(x)$ is monotone, then

$$
\operatorname{Cov}(f(X), f(1-X)) \leq 0
$$

Define

$$
I_{N}(f)=\frac{1}{2 N} \sum_{i=1}^{N}\left(f\left(X_{i}\right)+f\left(1-X_{i}\right)\right), \quad X_{i} \sim \text { i.i.d. } \mathcal{U}[0,1],
$$

then

$$
\mathbb{E} I_{N}=I(f), \quad \operatorname{var}\left(I_{N}\right)=\frac{1}{2 N}(\operatorname{var}(f)+\operatorname{Cov}(f(X), f(1-X))) \leq \frac{1}{2 N} \operatorname{var}(f)
$$

The variance is reduced!

### 2.5 Stratified Sampling

Consider two numerical integration strategies:

1. Monte Carlo: $I_{N}^{(1)}(f)=\frac{1}{N} \sum_{i=1}^{N} f\left(X_{i}\right), \quad X_{i} \sim$ i.i.d. $\mathcal{U}[0,1]$.
2. Midpoint rule: $I_{N}^{(2)}(f)=\frac{1}{N} \sum_{i=1}^{N} f\left(Y_{i}\right), \quad Y_{i}=\frac{1}{2 N}+\frac{i-1}{N}$.

The error estimate:

$$
\left|e_{N}^{(1)}\right| \sim \mathcal{O}\left(\frac{1}{\sqrt{N}}\right), \quad\left|e_{N}^{(2)}\right| \sim \mathcal{O}\left(\frac{1}{N^{2}}\right)
$$

The comparison of accuracy:

$$
\text { Uniform }>\text { Quasi-random }>\text { Random. }
$$

To improve the accuracy, one applies

$$
\begin{gathered}
\text { Uniform }+ \text { Adaptive } \rightarrow \text { Moving Mesh. } \\
\text { Random }+ \text { Adaptive } \rightarrow \text { Importance Sampling. }
\end{gathered}
$$

Idea: If we combine the uniform and random sample points, we obtain the stratified sampling, and the accuracy will be improved.

Strategy: Divide $\Omega=[0,1]$ into $M$ equi-partitions

$$
\Omega_{k}=\left[\frac{k-1}{M}, \frac{k}{M}\right], \quad k=1,2, \ldots, M .
$$

Sample $N_{k}=N / M$ points uniformly in $\Omega_{k}$, denoted as $X_{i}^{(k)}, i=1, \ldots, N_{k}$. Define

$$
\bar{f}(x)=\bar{f}_{k}=\left|\Omega_{k}\right|^{-1} \int_{\Omega_{k}} f(x) d x=\mathbb{E} f\left(X^{(k)}\right), \quad x \in \Omega_{k}
$$

and

$$
\begin{equation*}
I_{N}=\frac{1}{N} \sum_{k=1}^{M} \sum_{i=1}^{N_{k}} f\left(X_{i}^{(k)}\right) \tag{2.3}
\end{equation*}
$$

we have

$$
\begin{aligned}
\mathbb{E} I_{N} & =\frac{1}{N} \sum_{k=1}^{M}\left(N_{k} \cdot \bar{f}_{k}\right)=I(f), \\
\operatorname{Var}\left(I_{N}\right) & =\frac{1}{N^{2}} \sum_{i, k} \sum_{j, l} \mathbb{E}\left[\left(f\left(X_{i}^{(k)}\right)-\bar{f}_{k}\right)\left(f\left(X_{j}^{(l)}\right)-\bar{f}_{l}\right)\right] \\
& =\frac{1}{N^{2}} \sum_{k=1}^{M}\left(N_{k} \cdot\left|\Omega_{k}\right|^{-1} \int_{\Omega_{k}}\left(f(x)-\bar{f}_{k}\right)^{2} d x\right) \\
& =\frac{1}{N} \int_{\Omega}(f(x)-\bar{f}(x))^{2} d x
\end{aligned}
$$

Proposition 2.4. Define

$$
\sigma_{s}=\left(\int_{\Omega}(f(x)-\bar{f}(x))^{2} d x\right)^{\frac{1}{2}}
$$

then

$$
\sigma_{s} \leq \sigma=\left(\int_{\Omega}(f(x)-I(f))^{2} d x\right)^{\frac{1}{2}}
$$

Proof. The quadratic function of $c$

$$
g(c)=\int_{\Omega_{k}}(f(x)-c)^{2} d x
$$

takes minimum at $c=\bar{f}_{k}$, so we have

$$
\sigma_{s}^{2}=\sum_{k} \int_{\Omega_{k}}\left(f(x)-\bar{f}_{k}\right)^{2} d x \leq \sum_{k} \int_{\Omega_{k}}(f(x)-I(f))^{2} d x=\sigma^{2} .
$$

The variance is reduced!
The stratified sampling can be combined with importance sampling.
Let $\Omega=\bigcup_{k=1}^{M} \Omega_{k}$, take $N_{k}$ points $\left\{X_{i}^{(k)}\right\}_{i=1}^{N_{k}}$ in $\Omega_{k}, \sum_{k=1}^{M} N_{k}=N$. Assume $\left\{X_{i}^{(k)}\right\}_{i=1}^{N_{k}} \sim$ i.i.d. $p^{(k)}(x)=p(x) / \bar{p}_{k}, x \in \Omega_{k}$, and $\bar{p}_{k}=\int_{\Omega_{k}} p(x) d x$, then

$$
I_{N}=\sum_{k=1}^{M} \frac{\bar{p}_{k}}{N_{k}} \sum_{i=1}^{N_{k}} f\left(X_{i}^{(k)}\right) .
$$

Define

$$
\bar{f}(x)=\bar{f}_{k}=\mathbb{E} f\left(X^{(k)}\right)=\bar{p}_{k}^{-1} \int_{\Omega_{k}} f(x) p(x) d x, \quad x \in \Omega_{k},
$$

we have

$$
\begin{gathered}
\mathbb{E} I_{N}=\sum_{k=1}^{M} \int_{\Omega_{k}} f(x) p(x) d x=I(f) \\
\operatorname{Var}\left(I_{N}\right)=\sum_{k=1}^{M} \frac{\bar{p}_{k}}{N_{k}} \int_{\Omega_{k}}\left(f(x)-\bar{f}_{k}\right)^{2} p(x) d x=\sum_{k=1}^{M} \frac{\bar{p}_{k}}{N_{k}} \sigma_{k}^{2},
\end{gathered}
$$

where $\sigma_{k}^{2} \triangleq \int_{\Omega_{k}}\left(f(x)-\bar{f}_{k}\right)^{2} p(x) d x$.
Proposition 2.5. If the balance condition $\bar{p}_{k} / N_{k}=\frac{1}{N}$ is satisfied, the variance is reduced.
In a nutshell, the stratified sampling can be described as

$$
\begin{aligned}
\mathbb{E} Y & =\sum_{k=1}^{K} \mathbb{P}\left(Y \in A_{k}\right) \mathbb{E}\left(Y \mid Y \in A_{k}\right)=\sum_{k=1}^{K} p_{k} \mathbb{E}\left(Y \mid Y \in A_{k}\right) \\
& =\sum_{k=1}^{K} \frac{n_{k}}{n} \mathbb{E}\left(Y \mid Y \in A_{k}\right) \approx \frac{1}{n} \sum_{k=1}^{K} \sum_{j=1}^{n_{k}} Y_{k j}
\end{aligned}
$$

where $Y_{k j} \sim Y \mid Y \in A_{k}$, and $n_{k}=n p_{k}$ which is enforced in the partition.
When the stratified sampling is applied to the realistic high dimensional problems, rather than attempt to stratify all the dimensions, it is better to identify which variables (if any) carry most of the variation of the integrand and stratify these. Significant reduction in the variance can sometimes be achieved by stratifying a single dimension in a many-dimensional integral.

## 3 Homeworks

- HW1. Prove the Proposition 2.3.
- HW2. Prove the identity (2.2).
- HW3. Prove that the relative entropy has the property that $D(f \| g) \geq 0$ and $D(f \| g)=0$ if and only if $f(x)=g(x)$ for distribution density $f(x)$ and $g(x)$. Here we assume $g(x)>0$ and take the convention that $0 \ln 0=0$.


## References

[1] R.E. Caflish, Monte Carlo and Quasi-Monte Carlo methods, Acta Numerica, Vol. 7, 1-49, 1998.
[2] J.S. Liu, Monte Carlo Strategies in Scientific Computing, Springer.
[3] R. Durrett, Probability: Theory and Examples, Wiley and Sons.
[4] P.-T. De Boer et al, A tutorial on the cross-entropy method, Ann. Oper. Res. 134 (2005), 19-67.


[^0]:    *School of Mathematical Sciences, Peking University, Beijing 100871, P.R. China

